

Pine Court Autumn Menu



Week 1

| Monday | |
|-------------------------|-------|
| | Kcal |
| Southern Fried | 449 |
| Chicken, Sweet Potato | 773 |
| Fries served with salad | Price |
| | £6.15 |
| Please see our specials | Kcal |

boards for the dessert

of the day!

| Tuesday | |
|-------------------------|-------|
| | Kcal |
| Lancashire Hotpot | 460 |
| served with cabbage | |
| | Price |
| | £7.15 |
| Diago dos our aposible | Kcal |
| Please see our specials | |
| boards for the dessert | Price |
| of the day! | |
| | |

| Wednesda | ay Ì |
|-------------------------|-------------|
| Chicken Casserole | Kcal 470 |
| served with a hot roll | |
| | Price |
| | £7.15 |
| Please see our specials | Kcal |
| boards for the dessert | Price |
| of the day! | |

| Thursda | y Kcal |
|-------------------------|---------------|
| All day Breakfast | 960 |
| | Price |
| | £7.15 |
| Please see our specials | Kcal |
| boards for the dessert | Price |
| of the day! | |

| | <pre>/ Friday</pre> |
|-------|-------------------------|
| Kcal | 11101019 |
| 636 | Scampi ,Chips served |
| | with mushy peas |
| Price | |
| £8.20 | |
| Kcal | Please see our specials |
| Duine | boards for the dessert |
| Price | of the day! |
| | \ |

Price

| Saturday | |
|-------------------------|-------|
| | Kcal |
| Cheese and Potato | 430 |
| Pie served with | |
| sausage and beans | Price |
| J | £7.15 |
| | Kcal |
| Please see our specials | |
| boards for the dessert | Price |
| of the day! | |
| | |

| undav | Sunday |
|-----------------------|-------------------------|
| Kcal | |
| Sunday 490-933 | Traditional Sunday |
| | Road, ask our chefs for |
| f the week Price | the meat of the week |
| £10.50 | |
| Kcal | |
| our specials | Please see our specials |
| the dessert Price | boards for the dessert |
| | of the day! |
| | |

FOOD ALLERGIES AND INTOLERANCES

Please speak to a member of the team about the ingredients in our dishes before placing your order.

Adults need around 2000Kcal per day



Pine Court Autumn Menu



Week 2

| Monday | |
|-------------------------|-------|
| | Kcal |
| Cottage Pie served | 460 |
| with baby potatoes | |
| and veg | Price |
| J | £8.20 |
| Please see our specials | Kcal |
| boards for the dessert | Price |

of the day!

| ıesday | T |
|-------------------------|-------------|
| Kcal | |
| Chicken 450 | Homemad |
| | and vegeta |
| a crusty Price | served with |
| £7.15 | cob |
| Kcal | DI |
| our specials | Please see |
| he dessert Price | boards for |
| | of the day! |
| | |

| Wedneso | day |
|------------------------------------|----------------|
| Beef Burger, Chips and Coleslaw | Kcal 881 |
| | Price £8.20 |
| Please see our specials | Kcal |
| boards for the dessert of the day! | Price |

| Thursda | y Kcal |
|-------------------------------------|--------|
| Toad in the hole served with mashed | 520 |
| potato & mixed | Price |
| vegetables | £6.15 |
| Please see our specials | Kcal |
| boards for the dessert | Price |
| of the day! | |

| | Friday |
|-------|------------------------------------|
| Kcal | inday |
| 636 | Beer Battered Fish, |
| Price | Chips & mushy peas |
| £8.20 | |
| Kcal | Please see our specials |
| Price | boards for the dessert of the day! |
| | |

| Saturday | |
|-------------------------|-------|
| | Kcal |
| Corn beef Hash, | 410 |
| Roast Potatoes & | |
| Vegetables | Price |
| J | £7.15 |
| | Kcal |
| Please see our specials | |
| boards for the dessert | Price |
| of the day! | |
| | |

| Sunday | | |
|-------------------------|---------|--|
| | Kcal | |
| Traditional Sunday | 490-933 | |
| Road, ask our chefs for | | |
| the meat of the week | Price | |
| | £10.50 | |
| Please see our specials | Kcal | |
| boards for the dessert | Price | |
| of the day! | | |
| | | |

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